

Strasburg High School Community Service Guide



*Never doubt that a small group of thoughtful,
committed citizens can change the world; indeed,
it's the only thing that ever has. – Margaret Mead*

Introduction

Part of the Strasburg Mission is to develop responsible and productive members of society. Providing service to the community is a valuable way for students to fulfill this mission. By requiring students to provide service to our school and community, we are helping them become responsible and productive.

According to the National Association of Secondary Principals, the “development of the intangibles - empathy, personal values, beliefs, awareness, self-esteem, and social responsibility - help foster a sense of caring in others. Service-learning encourages a reciprocal relationship in which the service reinforces and strengthens learning and the learning reinforces and strengthens the service.”

To demonstrate these expectations, Strasburg High School requires each student to complete a total of forty (40) hours of service-learning (or 10 hours per year if they transfer during high school). If a student fails to complete this requirement, he/she will not participate in the graduation ceremony. However, he/she will receive a high school diploma.

We all have personal strengths and things we feel passionate about and should use our strengths to help those less fortunate than ourselves. Whether students have one hour a month, one day a month, or one day a week to give, there are many options.

This volunteer/resource guide lists several organizations both along the I-70 Corridor and in the Denver metro area that are pre-approved by administration. The local organizations are grouped together, and the metro area agencies are divided into categories such as working with people, working with animals, doing office type work, working outside, etc.

The SHS Service-Learning Documentation Form is on the last page of this guide. **If you want to do something not listed in this guide, you must first obtain pre-approval from administration before accruing hours.**

All Service-Learning Documentation Forms must be submitted in a timely manner. **All hours must be submitted to the Counseling Office by May 15th** in order to appear on your current year's transcript. Extra Service-Learning Documentation Forms are located at the front desk, the Counseling Office, and on the Counseling website.

If you have any questions or would like to see something added that you are currently involved in, please see Mr. Rasp, Mrs. McElvaney, or Mrs. Wiebelhaus.

Pre-Approved Service-Learning Resources

Local Businesses/Organizations

Strasburg School District – volunteering to do service at Strasburg Elementary, Hemphill Middle School, or Strasburg High School is considered service-learning. Tasks may include running concessions, tutoring, maintenance work and working events such as the Book Fair. Managing a sports team will earn you 20 hours per season. Other clubs or organizations offer community service hours as well:

Strasburg High School Student Council - 20 hours

Strasburg High School National Honor Society - 10 hours

Strasburg High School Sport Managing - 20 hours maximum per sport per year

Strasburg Volunteer Club - 1-2 field trips for community service per month

Strasburg High School Diversity Club

Other pre-approved local organizations

Any church in the Strasburg area

Strasburg Vet Clinic

Community Food Bank

Prairie Creeks Assisted Living Center

Strasburg Rec Center

Bennett Rec Center

Valhalla Kennel

Longhopes Donkey Rescue

Strasburg Museum

Oklahoma State Memorial

Any Arapahoe, Adams, or Public Library

Metro Area Service-Learning Opportunities

Working with People and/or Office Work

Arthritis Foundation

Volunteer opportunities include office work, event set-up, promoting at health fairs, and assisting in special events. 303-756-8622 www.arthritis.org
Minimum age: 18 or with an adult

Aurora Youth Commission

The AYC advises the City Council regarding the interests of youth in Aurora. Must be Aurora resident. 303-326-8706 www.auroragov.org/youth
Minimum age: 14

Boys Hope Girls Hope of Colorado

Help academically capable and motivated children reach their potential. Volunteers can tutor, assist in the office, and help with yard work and minor household repairs. 720-524-2061 www.boyshopegirlshope.org
Minimum age: 16 or with an adult

Children's Museum of Denver

Volunteers help facilitate activities, assist teachers in aerodynamics, physics, technology, and engineering, and guide visitors through the exhibits. 303-561-0114 www.mychildsmuseum.org
Minimum age: 16 or with an adult

Colorado Aids Project

Volunteer opportunities include registration for a variety of events, event set-up, merchandise sales, and more. 303-962-5304 www.coloradoaidsproject.org
Minimum age: 16

Denver Rescue Mission

We prepare and serve meals to clients who are striving to get back on their feet. 303-297-1815 www.denverrescuemission.org

Food Bank of the Rockies

Volunteers are needed to stock shelves, help box and distribute food to families. Mr. Rasp has the volunteer forms. 303-375-5811 www.foodbankrockies.org
Minimum age: 14

Get Outdoors Day

Help connect children to the outdoors. Volunteers help children and families register and participate in the events. 303-715-1010 www.getoutdoorscolorado.org
Minimum age: 14

Hope House of Colorado

Helping to transform the life of teenage mothers - volunteer opportunities include tutoring, transportation, mentoring, and babysitting. 303-429-1012

www.hopehouseofcolorado.org

Minimum age: 14

Hospital Volunteer

Volunteers are needed to read to children waiting in the waiting room, stock the gift shop and waiting rooms, and in a variety of capacities with patients.

303-623-3800 or 303-837-7043 www.sjhfdenver.org

Minimum age: 16

National Multiple Sclerosis Society

Volunteers are needed to help with the Bike MS, Walk MS, Hike MS, and Mud Run MS. 303-698-5443 www.curemsco-wy.org

Minimum age: 12

Ronald McDonald House

Since 1974, RMHC has created programs that strengthen families during difficult times. RMHC provides vital resources and compassionate care to children and their families being served by leading hospitals worldwide. Core RMHC programs — Ronald McDonald Houses, Ronald McDonald Family Rooms, and Ronald McDonald Care Mobiles — provide access to health care and enable family-centered care. RMHC has helped lessen the burden for more than 5.5 million families in 2016. <https://www.rmhc.org>

Second Wind Fund of Metro Denver

Second Wind supports youth at-risk of suicide. Volunteer opportunities range from helping set-up events to sitting on committees. 720-962-0706 www.swfmd.org

Minimum age: 16 or with an adult

Special Olympics

Through the power of sports, people with intellectual disabilities discover new strengths and abilities, skills and success. Our athletes find joy, confidence and fulfillment -- on the playing field and in life. They also inspire people in their communities and elsewhere to open their hearts to a wider world of human talents. <https://www.specialolympics.org/>

9News Health Fair

9Health Fair is truly a volunteer-driven organization. Over 15,000 volunteers come together every year to provide free and low-cost health awareness and educational screenings throughout the state! We have several roles that need to be filled for our fairs to be a success. <https://www.9healthfair.org/>

Working with Animals

Denver Dumb Friends League

<https://www.ddfl.org/>

Denver Zoo

www.denverzoo.org

Max Fund Shelter

<https://maxfund.org/>

PuppyUp

An organization to help fight cancer in pets and their owners. 303-718-3442

<https://www.puppyup.org/>

Yard Work/Working Outside/Working with Your Hands

Canning Crew - Jewish Family Services

Volunteers help can food at the canning facility which provides thousands of meals to families in need. 303-597-5000 www.jewishfamilyservice.org

Minimum age: 16

City of Aurora Xeriscape Garden

Volunteers assist in maintaining a six-acre demonstration garden. Duties may include weeding, pruning, planting, picking up trash, etc. 720-859-4361

<https://www.auroragov.org/residents/water/>

Family HomeStead

Volunteers paint and clean apartments for homeless families. Projects are scheduled several months in advance. 303-623-6514 www.familyhomestead.org

Minimum age: 18 or with an adult

Historic Cemetery Preservation

Volunteers needed to help preserve Denver's two historic cemeteries. Opportunities include tours, archives, monument preservation, landscape development, and wildlife management. 303-322-3895 www.fairmountheritagefoundation.org

Minimum age: 16 or with an adult

Habitat for Humanity-

Volunteers with a variety of skills in construction, electrical, maintenance, and finishing are needed. No experience required. 720-496-2717

www.habitatmetrodenver.org

Minimum age: 16

Outdoor Colorado

Volunteers are needed to help with over 40 projects across the state. Activities include helping build trails, planting trees, and restoring historic structures.

303-715-1010 www.voc.org

Minimum age: 6

Strasburg High School

Community Service-Learning Documentation Form

Please submit this form to the Counseling Office when completed.
Form must be submitted within the same semester the hours were completed.

Student Name: _____ Grade: _____

Name of Organization: _____

Is the organization listed in the SHS Service-Learning Guide: Yes No
If NO, pre-approval must be received from administration before accruing hours.

Administration Signature: _____

Date: _____

If pre-approval is required, please provide a brief description of service to be provided.

Date of Service: _____ Total Number of Hours: _____

Supervisor's Signature: _____

Date: _____

Supervisor's Phone Number: _____

Parent Signature: _____

Date: _____

Questions MUST be answered to receive credit for hours. Please use complete sentences.

1. Describe why you chose this organization.

2. What did you do for this organization?

3. How did the organization benefit from you and how did you benefit from this experience?

4. Would you recommend this organization to others? Why or why not?
